



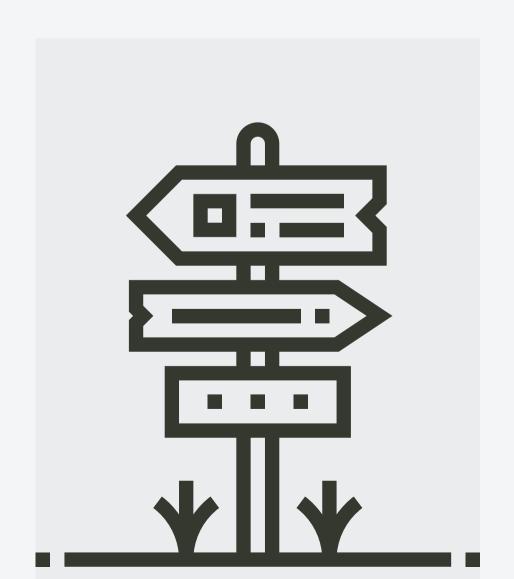
WFM: WORK FORMORE



The Guide

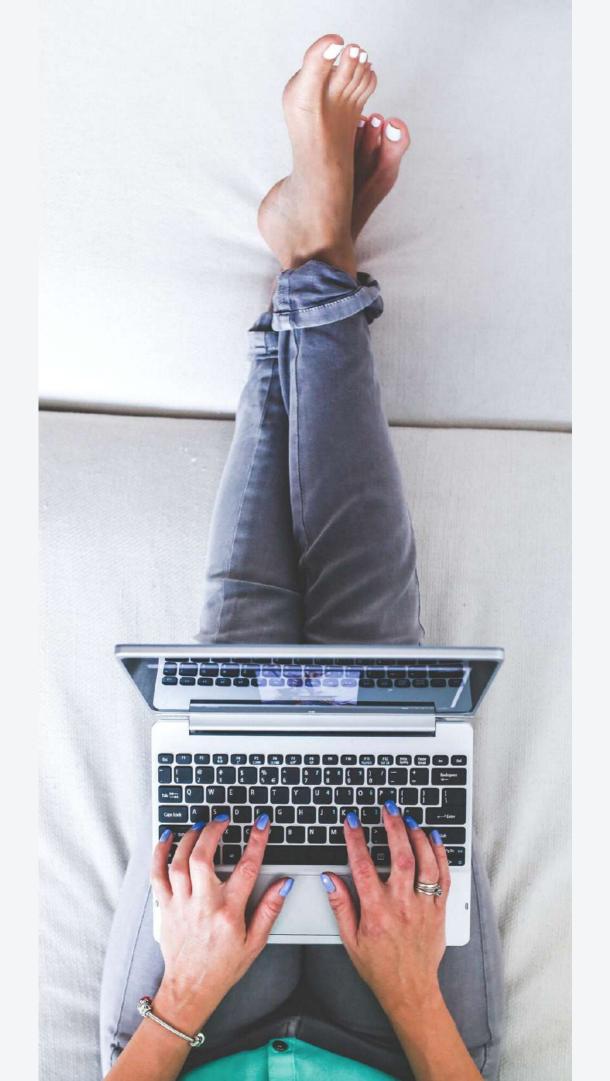
TOPIC TO BE COVERED

THE WHAT
THE WHY
THE HOW





What: WORK FOR MORE?



"WORK FOR MORE" is a monthly program ideated in a way to provide your employees that corner of their work time where they de-stress themselves from their hectic "WFH: WORK FROM HOME" schedule



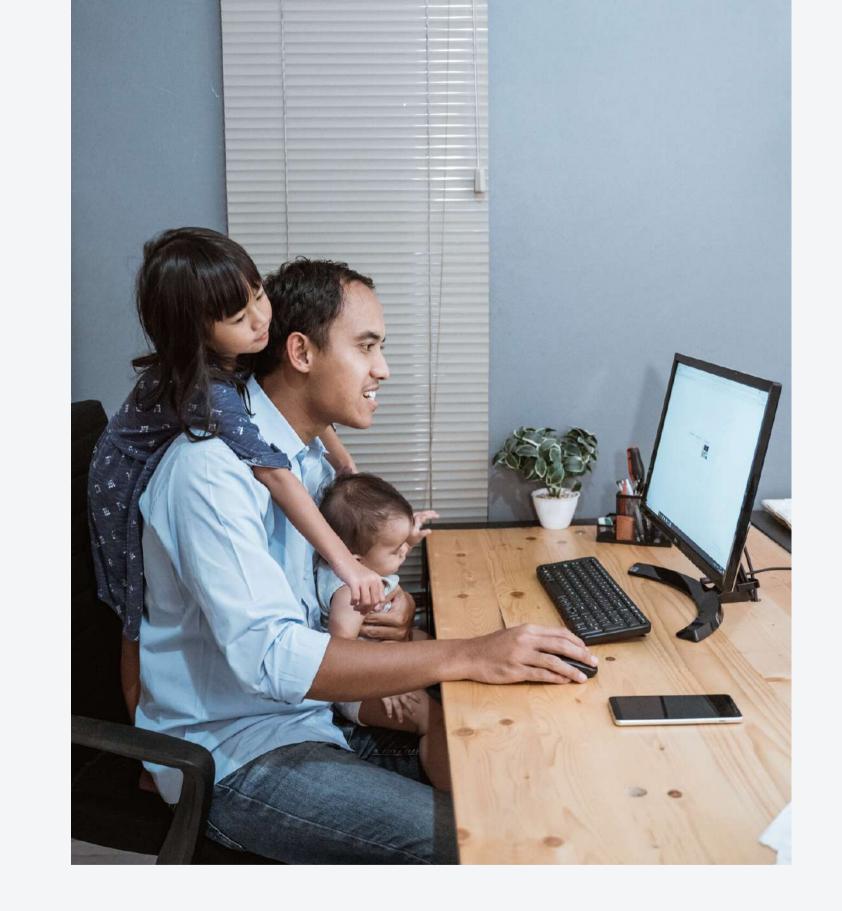
Why: WFM?

Research shows that being 'always on' and accessible by technology while working from home leads to blurring work and non work boundaries.

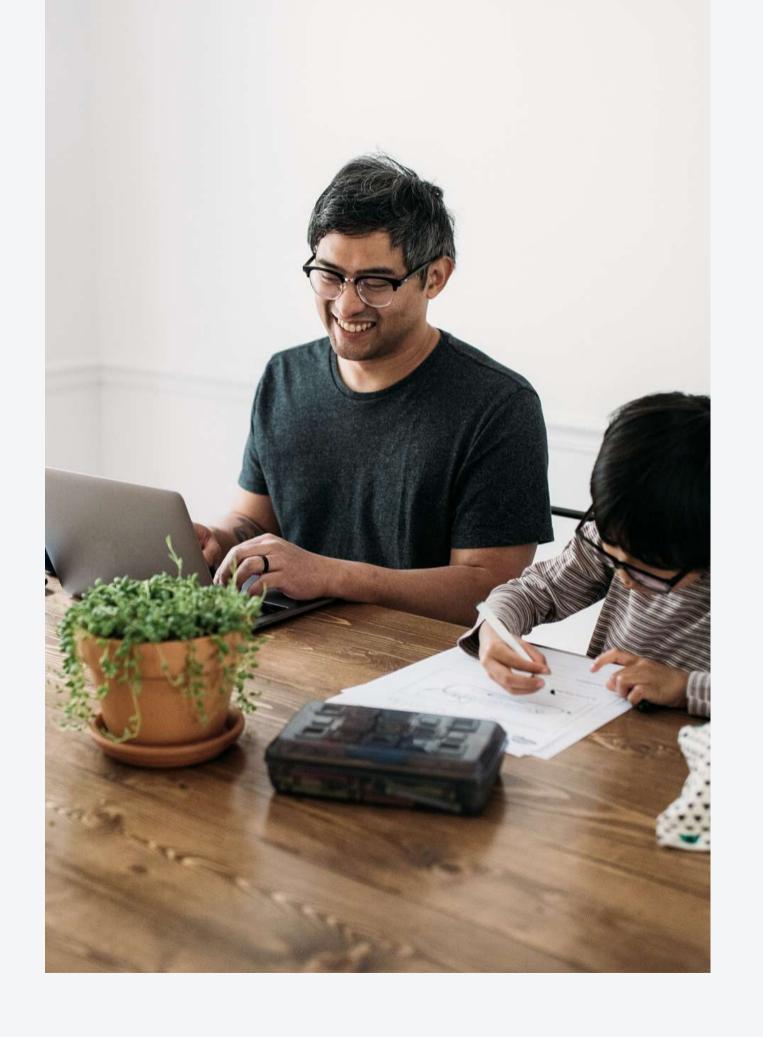
This leads to high stress levels and lower productivity when compared to work at office.

Work for more engages your employees to energize the start of their week and makes sure that they relax their weekends.

This in turn results in high productivity of employees in a very economical employee engagement approach.







HOW DO WE DO IT?

We engage your employee on a Monday morning with various enthusiastic programs and cool them off with destress programs to start of their weekend





Monthly Package: 01

LET'S LOVE MONDAY

- Week 01: Minute to Win it
- Week 02: DIY Detox Bar
- Week 03: Yes to Yog, No to Rog
- Week 04: Jump in the Aer obic

THANK GOD IT'S FRIDAY

- Week 01: Cheers to 'Never Have I Ever'
- Week 02: Touch Blue
- Week o3: Taboo Evening
- Week 04: Jazz up to Dance



Package: 02

LET'S LOVE MONDAY

• Week 01: Office Thumkda!

• Week 02: Jog your mind

• Week o3: Laugh to Yoga

• Week 04: Happy Feet



MIDWEEK SURPRISES - REFUEL

• Week 01: Bottoms up!

• Week o2: Zen time out

• Week 03: Whose Fact is this?

• Week 04: City City which City

THANK GOD IT'S FRIDAY

• Week 01: Mix it - Drink it

• Week 02: Charades

• Week 03: 2 Truths 1 Lie

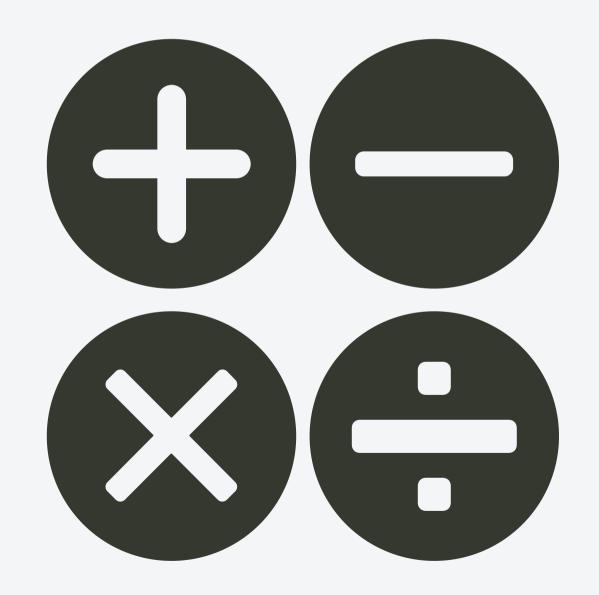
• Week 04: Sing to the Beat



MIX and MATCH

The activities are highly flexible and customizable as per organization's requirements.

Choose any number of activities as per your liking.







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Ring in for a chat!